



The 10 most wanted Hollywood cheekbones in Harley Street

A cosmetic surgeon reveals who has the most requested cheekbones



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You'd be mistaken for thinking that weight loss could help chisel out your long-lost cheekbones. In fact, the opposite is true; fullness in the cheeks can enhance the appearance of your bone structure. From the contouring craze that made its way from the drag community

and Hollywood to everyone with a blending brush, to the rise in cheek fillers and implants, sculpted cheeks are high up on the global beauty agenda.

So, who do we idolise in the cheekbone department? New research from a Harley Street facial cosmetic surgeon, Dr Julian De Silva, has revealed the most popular celebrity cheekbones, from looking at the records of 1,000 patients across the UK.

Quite refreshingly, there's only one 25-year-old supermodel in there, contrary to what you might expect. The other top nine famous faces are all in their 30s, 40s and 50s.

Now, this *could* be because it's older women citing them as their cheekbone idols – given that from aged 30 onwards, the hollowing of the cheeks can become visible.

"As we age, we lose volume in our cheeks and gain it where we don't want it - around the jaw and neck," Dr De Silva explains. "The loss of volume can occur as early as our mid-20s, depending on lifestyle." A reason to ditch the diet?

Below the doctor explains why he thinks these top 10 stars' naturally high cheekbones are coveted above all others - plus see which actress has the most requested cheekbones of them all:



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10. Scarlett Johansson

"A Hollywood star blessed with naturally cute, plump cheeks - they are an integral part of her beauty and appeal."

9. Cameron Diaz



"Cameron is one of Hollywood's most enduring beauties - she looks better as she gets older thanks to those cheekbones."

8. Halle Berry



"Halle has a natural plumpness to her cheeks."

7. *Michelle Pfeiffer*



"It is wonderful to see her career having a second wind this year - and that is because of her classical beauty, defined by those high cheekbones."

6. *Gisele Bündchen*



"She was the world's most successful supermodel for several years and those cheeks had a lot to do with it."

5. *Natalie Portman*



"Natalie is another one the great beauties of Hollywood and a key characteristic is her beautifully sculpted cheeks."

4. Naomi Campbell



"Naomi has been at the top for almost 30 years and it is not hard to see why, with those beautifully high cheekbones which really got her noticed early on in her career."

3. Angelina Jolie



"Angelina's cheeks have a natural plumpness that accentuates her youthful appearance."

2. Cara Delevingne



"Cara is Britain's highest-earning supermodel and it is not to see why with these standout cheekbones. They are the golden standard of the fashion world."

1. Keira Knightley



"They are the first thing you notice about Keira's face and give her an ageless beauty which will endure right throughout her career."

